






Welcome to CarePlus' 2024 training for physicians and other healthcare professionals who work with members enrolled in CarePlus' special needs plans. This annual training is required by the Centers for Medicare & Medicaid Services.

Agenda



- CarePlus Overview
- Special Needs Plan (SNP) Overview
 - Dual-Eligible Special Needs Plans (D-SNPs)
 - Chronic Condition Special Needs Plans (C-SNPs)
 - CarePlus SNP Features
- SNP Model Of Care (MOC)
- Social Services Resources
- Glossary, References, and Resources



This is our training agenda.

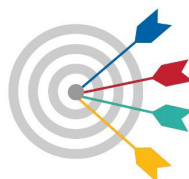
We will first go over some basic CarePlus information then review the Dual-Eligible and Chronic Condition SNPs. After that, there is an overview of the components of CarePlus' model of care, or MOC, which is our plan for ensuring that the unique needs of SNP members are identified and met.

Objectives



After reviewing this training material, you will be able to:

- Identify what the SNPs are
- Outline the general characteristics of CarePlus' D-SNP and C-SNP populations
- Describe the SNP MOC
- Discuss healthcare provider responsibilities under the MOC
- Access resources that can assist SNP members



CarePlus
HEALTH PLANS

By the end of this module, you will be able to:

Describe D-SNPs and C-SNPs

Outline the general characteristics of CarePlus' D-SNP and C-SNP populations

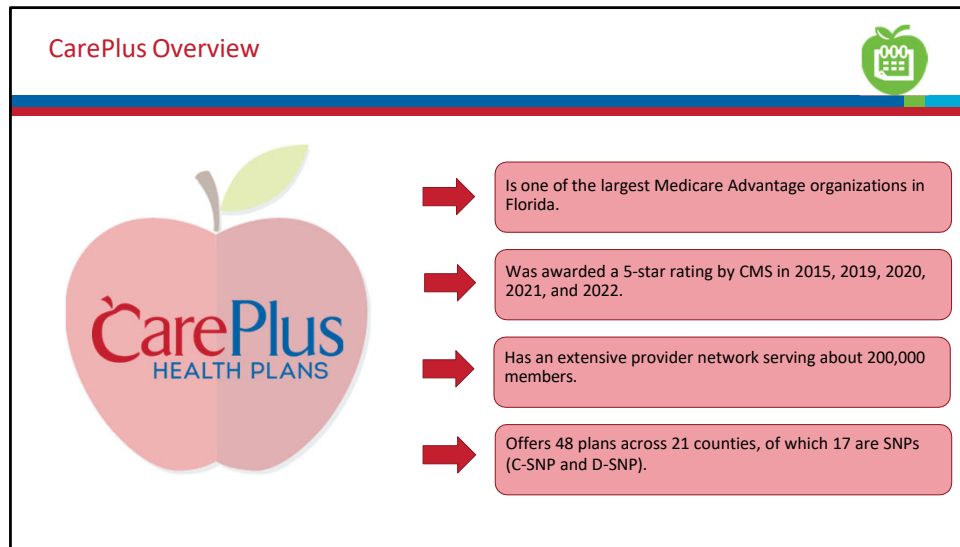
Explain a MOC and describe CarePlus' MOC

Discuss healthcare provider responsibilities under the MOC

Access resources that can assist SNP members



We will begin with a brief overview of CarePlus.



As of Aug. 21, 2023, CarePlus is one of the largest Medicare Advantage organizations in Florida, serving about 200,000 members. Our plans include extra benefits and resources and even wellness classes. We listened to our members' needs and designed our Medicare Advantage plans to help them get what they are looking for.

CarePlus has been awarded the Medicare Advantage contract since 1998 and since then has achieved the 5-Star rating from the Centers for Medicare & Medicaid Services (CMS) for outstanding plan performance and care coordination 5 times.

For 2023 and 2024, we received a 4-Star rating.

Our extensive network of fully credentialed physicians and other healthcare providers offer quality, compassionate, coordinated care to our members, all of whom have Medicare Parts A and B and reside in our service areas.

In 2024, CarePlus offers 48 plans including 12 C-SNP (CareComplete Platinum/CareBreeze Platinum) and 5 D-

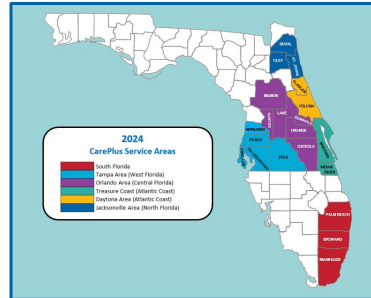
SNP Plans (CareNeeds Plus/CareNeeds Platinum)

More than 83,000 members are enrolled in one of our CarePlus SNP Plans.

CarePlus Overview – Service Areas



CarePlus offers a variety of health plans for Medicare beneficiaries in 21 Florida counties.



South Florida

- Broward
- Miami-Dade
- Palm Beach

Tampa Area

- Hillsborough
- Hernando
- Pasco
- Pinellas
- Polk

Orlando Area

- Lake
- Marion
- Orange
- Osceola
- Seminole
- Sumter

Treasure Coast

- Brevard
- Indian River

Jacksonville Area

- Duval
- Clay
- St. Johns

Daytona Area

- Volusia
- Flagler

CarePlus offers a variety of health plans for Medicare beneficiaries across 21 counties in the state of Florida. In 2024 the service areas have remained the same as it was for 2023, however the names of two regions have been updated. Space coast has now been renamed to Treasure Coast and North Florida has now been renamed to Jacksonville Area.



In this section, we will discuss everything you need to know about SNPs.

Terminology



Special needs plan (SNP)

A special needs plan (SNP) is a Medicare Advantage (MA) coordinated care plan (CCP) specifically designed to provide targeted care and limit enrollment to special needs individuals.

Line of business (LOB)

A general name of the plan consisting of a 3-digit identifier for each plan type.
(Exempl: 722 – CareCompete Platinum, 714– CareNeeds Plus, etc.)

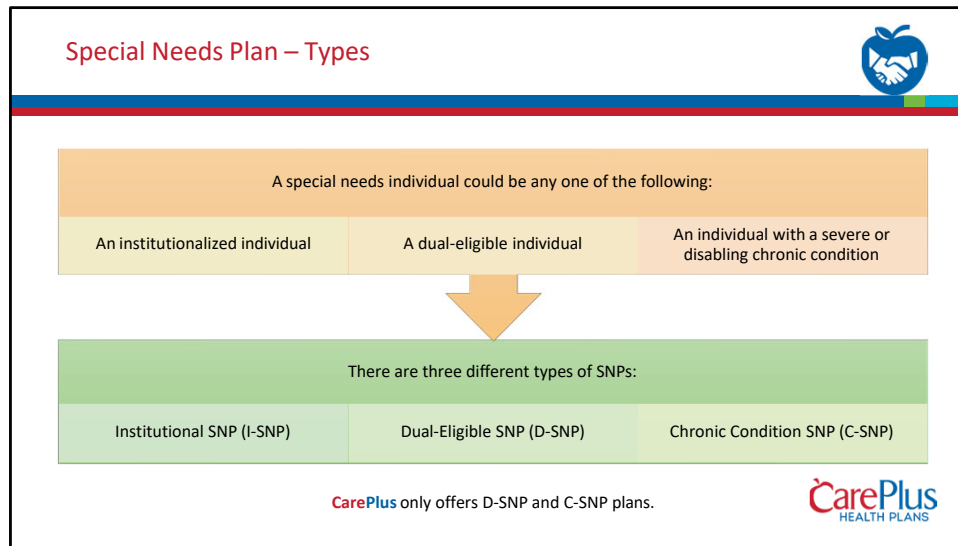
Health maintenance organization (HMO)

A type of Medicare managed care plan where a group of doctors, hospitals, and other healthcare providers agree to give healthcare to Medicare beneficiaries for a set amount of money from Medicare every month. Members usually must get care from the providers in the plan.

Point of service (POS)

An additional, mandatory supplemental, or optional supplemental benefit that allows the enrollee the option of receiving specified services outside of the plan's provider network.

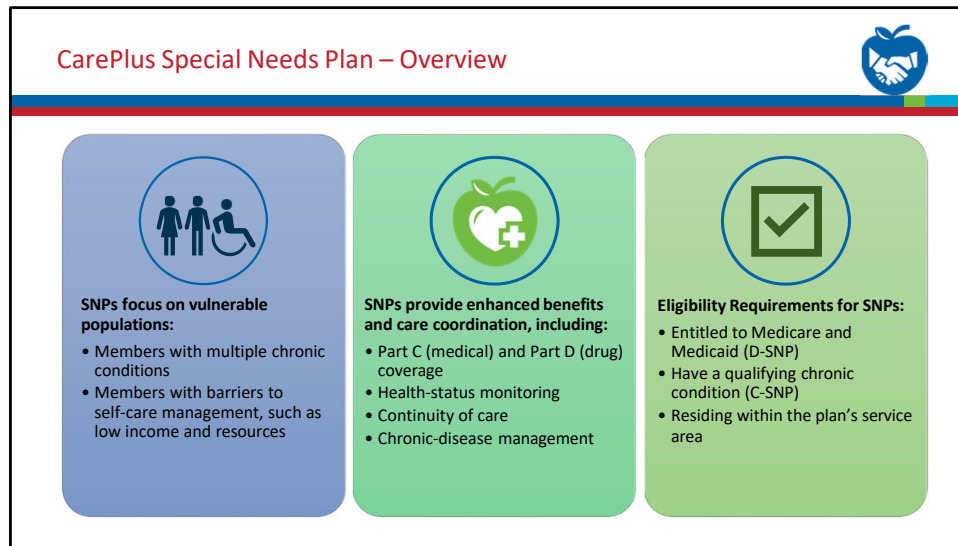
A SNP is a MA coordinated care plan (CCP) specifically designed to provide targeted care and limit enrollment to special needs individuals.



Special needs individuals can fall under three categories that determine the type of special needs plan they can enroll into.

An institutionalized individual can qualify for an I-SNP,
a dual eligible individual can qualify for a D-SNP,
and an individual with a chronic condition can qualify for a C-SNP.

CarePlus does not offer I-SNPs.




A SNP is a Medicare Advantage plan limited to specific populations. It is designed to provide enhanced benefits and targeted care that meet a patient's special needs. All SNP members are case managed and monitored. Supported by their case manager, members work toward achieving the goals outlined in their individualized care plan, which is a plan designed to address their unique needs.

SNPs include medical (Part C) and drug (Part D) coverage and provide close care coordination, continuity of care, access to benefits and information, and chronic disease management.

Care managers collaborate with healthcare providers to develop care plans that specifically address the SNP member's needs.

D-SNP and C-SNP Enrollment




Special Enrollment

Period (SEP) allows individuals to enroll, disenroll or change plans outside of the Annual Enrollment Period (AEP).*

C-SNP SEP:


- It is designed for those individuals with severe or disabling chronic conditions to enroll in a C-SNP.
- It can be used if they no longer qualify for the C-SNP or want to enroll into another C-SNP for which they qualify



D-SNP SEP:

- It is designed for those individuals who qualify for Medicaid and/or Low-Income Subsidy (LIS) benefits.
- Once per calendar quarter during the first 9 months of the year, in which they can change plans.
- Enroll, disenroll, or change plans within 3 months of gaining, losing, or experiencing a change in their Medicaid or LIS eligibility status or receiving notice of such a change.

* SEP varies depending on the individual's circumstances at the time of application.

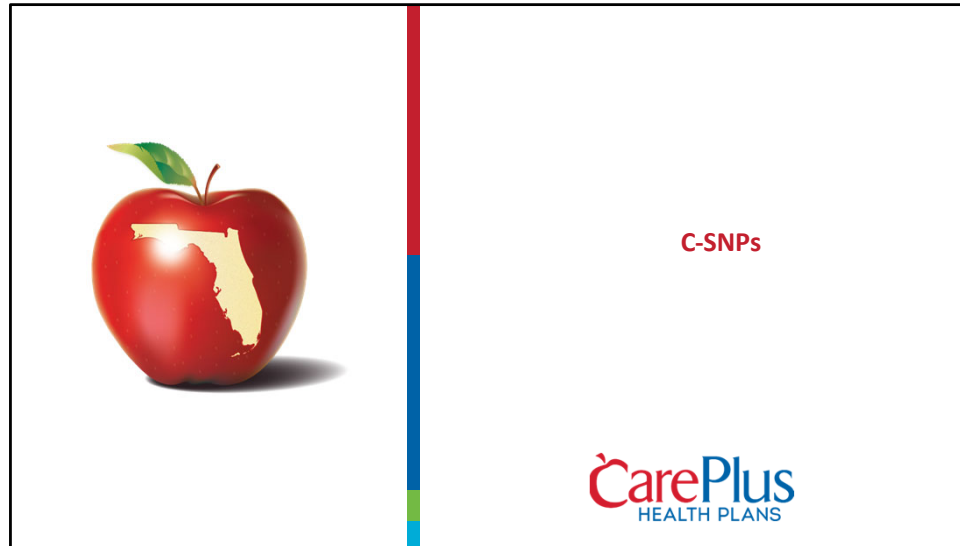


Dual-eligible and chronic condition members may generally enroll at any point during the year.

C-SNP members have a special enrollment period to enroll into a plan that can help address their condition. The SEP will end once they enroll.


D-SNP members have a special enrollment period where they can change plans once per calendar quarter during the first 9 months of the year.

Duals and other Medicare beneficiaries receiving the LIS, or Low-Income Subsidy, also have an SEP in which to enroll, disenroll, or change plans within 3 months of gaining, losing, or changing their LIS eligibility status or receiving notice of such a change.




This next section is on C-SNPs.

C-SNPs




Plan that restricts enrollment to special needs individuals with specific severe or disabling chronic conditions.



LOB 722 - CareComplete Platinum (HMO C-SNP) & (HMO POS C-SNP)*

- Member must be diagnosed with diabetes, cardiovascular disorders, chronic heart failure
- Anticoagulant Savings Program (VDOAC1) (formerly DOAC Savings Programs)




LOB 723 CareBreeze Platinum (HMO C-SNP) & (HMO-POS C-SNP)

- Member must be diagnosed with chronic lung disorder

Both plans offer:

- Chronic Condition Care Assistance
- COPD Inhaler Support Program



A Chronic Condition Pre-Qualification Assessment Form and Chronic Condition Verification Form must be received with the enrollment form to confirm the qualifying condition.

*HMO-POS is for Hernando County Only

Refer to the member's plan benefit documents for more details

There are 12 C-SNPs between CareComplete Platinum and CareBreeze Platinum.

Chronic Condition Special Needs Plan (C-SNP) - Special needs plans that restrict enrollment to special needs individuals with specific severe or disabling chronic conditions. The CareComplete plans are for members who have been diagnosed with 1 or more of the following chronic conditions: Cardiovascular disorder, chronic heart failure, or diabetes. The CareBreeze Plans are for those diagnosed with a chronic lung disorder.

C-SNP – Chronic Condition Pre-Qualification Assessment

Chronic Condition Pre-Qualification Assessment for Special Needs Plans (SNP)

Last Name: _____ First Name: _____ MI: _____
Medicare Number: _____ Date of Birth: _____

Clinical Qualifying Questions for Diabetes
If the beneficiary answers "Yes" to any one of the following questions, beneficiary pre-qualifies for the Chronic Condition Special Needs Plan (C-SNP).

- Have you ever been told that you have high blood sugar or diabetes? ☐ Yes ☐ No
- Have you ever or do you currently measure/monitor your blood sugar? ☐ Yes ☐ No
- Have you been prescribed or do you take insulin or an oral medication that's supposed to lower your blood sugar? ☐ Yes ☐ No

Medication Question: What medicines do you take for diabetes? _____

Clinical Qualifying Questions for Cardiovascular Disorders (CVD)
If the beneficiary answers "Yes" to any one of the following questions, beneficiary pre-qualifies for the Chronic Condition Special Needs Plan (C-SNP).

- Do you have a problem with your heart, had a heart attack, or have you been told that you had a heart attack? ☐ Yes ☐ No
- Do you have a problem with your circulation or have you been told that you have problems with your circulation? ☐ Yes ☐ No
- Do you have pain in your legs when you walk that gets better when you stop and rest? ☐ Yes ☐ No

Medication Question: What medicines do you take for CVD? _____

Clinical Qualifying Questions for Chronic Heart Failure (CHF)
If the beneficiary answers "Yes" to any one of the following questions, beneficiary pre-qualifies for the Chronic Condition Special Needs Plan (C-SNP).

- Have you ever been told you have heart failure or congestive heart failure? ☐ Yes ☐ No
- Have you ever been told you have fluid in your lungs? ☐ Yes ☐ No
- Have you ever been told you have swelling in your legs due to your heart? ☐ Yes ☐ No

Medication Question: What medicines do you take for CHF? _____

Clinical Qualifying Questions for Chronic Lung Disorders
If the beneficiary answers "Yes" to any one of the following questions, beneficiary pre-qualifies for the Chronic Condition Special Needs Plan (C-SNP).

- Do you have any chronic breathing problems? ☐ Yes ☐ No
- Have you ever been told you have a lung problem such as emphysema, asthma, chronic bronchitis, swelling in the lungs, or high pressure in the lungs? ☐ Yes ☐ No
- Do you use inhalers or other medicines for your breathing more than 3 times per week? ☐ Yes ☐ No

Medication Question: What medicines do you take for chronic lung disorders? _____

By filling this out, I consent to CarePlus contacting my provider(s) to confirm my chronic condition(s).
Address: _____ State: _____ Zip: _____
City: _____ Physician Name: _____ Physician Phone Number: _____
Physician Address: _____
City: _____ State: _____ Zip: _____
Applicant Signature: _____ Date/Time: _____

This plan is available to individuals with certain chronic conditions. To qualify for a Chronic Condition Special Needs Plan, physician diagnosis of the condition must be verified. Beneficiaries who do not have the condition will be de-enrolled. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal.

IMPORTANT

At CarePlus, it is important you are treated fairly.

CarePlus Health Plans, Inc. does not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. CarePlus complies with applicable federal civil rights laws. If you believe that you have been discriminated against by CarePlus, please write to get help.

- You may file a complaint, also known as a grievance, with:

CarePlus Health Plans, Inc., Attention: Grievance and Appeals department.
PO Box 277070, Monroe, LA 70607
If you need help filing a grievance, call Member Services at 1-800-764-5807 (TTY: 711) October 1 - March 31, 7 days a week, 8 a.m. to 8 p.m. April 1 - September 30, Monday - Friday, 8 a.m. to 8 p.m. You may have a reasonable after hours, Saturday, Sunday, and holiday and we will return your call within one business day.

- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at U.S. Department of Health and Human Services, 100 Independence Avenue, SE, Room 505B, 4th Floor, Washington, DC 20013. 1-800-368-1019, 800-537-7601 (TDD). Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.

Auxiliary aids and services, free of charge, are available to you, 1-800-764-5807 (TTY: 711). CarePlus provides free auxiliary aids and services, such as qualified sign language interpreters and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

14
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CarePlus Health Plans
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Here is a sample of the pre-qualification assessment for special needs plans.

C-SNP – Chronic Condition Verification Form

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Chronic Condition Verification Form for Special Needs Plans (SNP)

The beneficiary (beneficiary) has applied for enrollment in a Special Needs Medicare health plan through CarePlus Health Plans, Inc. This plan will provide the beneficiary with additional benefits related to his or her condition, such as supplemental drug coverage. For the beneficiary to qualify, a provider or provider's office must confirm his or her diagnosis. If we do not receive confirmation of the qualifying condition from the provider/provider's office in a timely manner, the beneficiary may be disenrolled from the plan. Your assistance is appreciated.

To Be Completed by the Beneficiary

Last Name: _____ First Name: _____ MI: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Date of Birth: _____ Gender: ☐ Male ☐ Female
 Medical Number: _____ Physician Name: _____
 Physician Phone Number: _____ Physician Fax Number: _____
 My signature below authorizes information about my chronic condition to be shared with CarePlus Health Plans, Inc.
 Beneficiary Signature: _____ Date: _____

To Be Completed by the Provider/Provider's Office

By signing this form, you confirm the patient has been diagnosed with any of the following conditions:
☐ Diabetes ☐ Cardiovascular Disease ☐ Chronic Heart Failure
☐ Chronic Lung Disease (COPD, Chronic Bronchitis, Emphysema, Asthma, etc.)
☐ Chronic Kidney Disease
☐ Chronic Infectious Diseases
☐ Chronic Cancer
☐ Chronic HIV/AIDS
☐ Chronic Autoimmune Diseases
☐ Chronic Neurological Diseases
☐ Chronic Endocrine Diseases
☐ Chronic Reproductive Diseases
☐ Chronic Skin Conditions
☐ Chronic Allergies
☐ Chronic Eye Conditions
☐ Chronic Ear/Nose/Throat Conditions
☐ Chronic Dental Conditions
☐ Chronic Hearing Loss
☐ Chronic Vision Conditions
☐ Chronic Speech/Language Conditions
☐ Chronic Cognitive/Neurodevelopmental Conditions
☐ Chronic Behavioral Conditions
☐ Chronic Substance Use
☐ Chronic Mental Health Conditions

Confirmation provided by: _____
 Signature: _____ Date: _____
 Printed Name or Stamp: _____ Title: _____
 Practice Name and Address: _____ Phone Number: _____

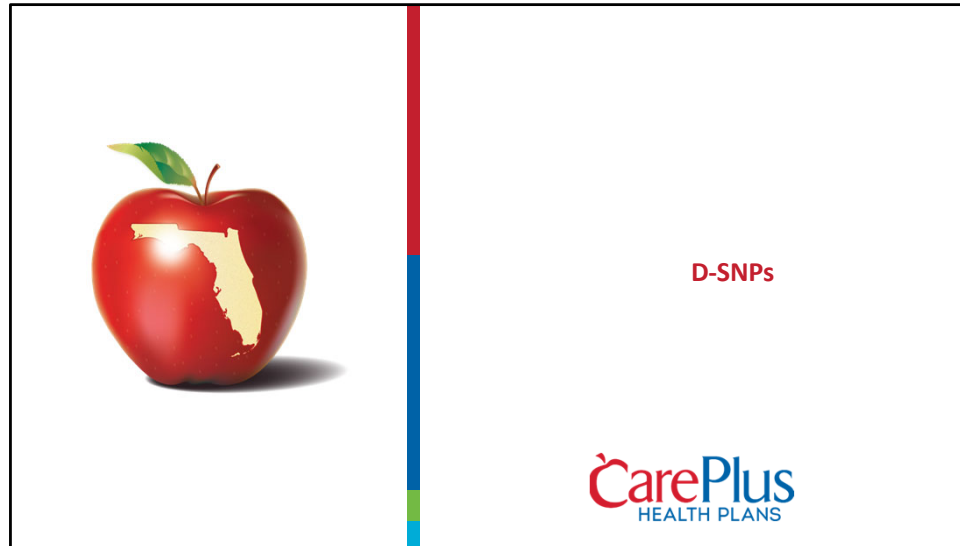
Please return this form within 5 days of receipt to the following address or fax:
CarePlus Health Plans, Inc.
 P.O. Box 14733
 Lexington, KY 40512-4642
 Fax: 1-855-819-8679

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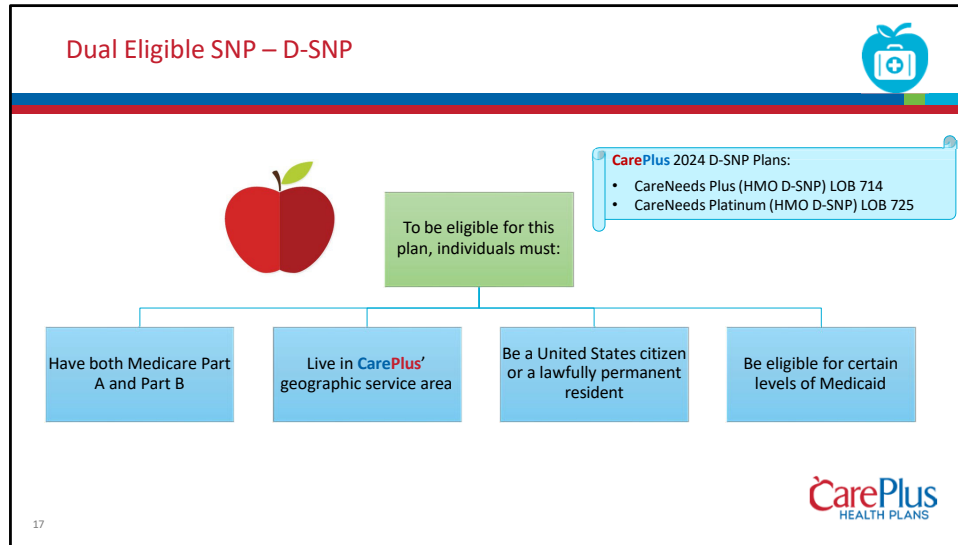
In order to remain enrolled in the C-SNP or for the enrollment to be considered complete, CarePlus must receive a completed Chronic Condition Verification Form or verbal confirmation from the provider's office confirming the qualifying condition if 1 was not received with the Enrollment Form.

As needed, the ACCESS[direct] Unit will coordinate between the member and the provider's office to assist in acquiring the required documentation.

If confirmation of the condition is not received from the provider, the member will be disenrolled by the end of the second month of enrollment.



Now we're going to talk about D-SNPs.



As of September 2023, CarePlus has more than 83,000 D-SNP members.

Individuals are eligible for membership in our plan as long as:

They have both Medicare Part A and Medicare Part B.

They live in our geographic area.

They are a U.S. citizen or are lawfully present in the U.S.

They have a certain level of Medicaid explained in the following slide.

D-SNP Categories



D-SNPs enroll individuals who are entitled to both Medicare (Title XVIII) and medical assistance from a state plan under Medicaid (Title XIX).

CareNeeds Plus and CareNeeds Platinum Eligibility Categories

| | Full Benefit Dual Eligible (FBDE) | Qualified Medicare Beneficiaries (QMB) | QMB with Comprehensive Medicaid Benefits (QMB+) | Specified Low-Income Medicare Beneficiaries (SLMB) | SLMB with comprehensive Medicaid benefits (SLMB+) | Qualified Individuals (QI1) | Qualified Disabled Working Individuals (QDWI) |
|--|-----------------------------------|--|---|--|---|-----------------------------|---|
| Medicaid benefit covered | X | | X | | X | | |
| Medicaid benefits NOT covered | | X | | X | | X | X |
| Cost share paid by plan (cost-share-protected members) | X | X | X | | X | | |
| Cost share paid by member | | | | X | | X | X |

18

States may vary in determining their eligibility categories.

The chart displayed shows the Medicaid eligibility categories which may vary by state. As you can see, coverage for certain services is based on the individuals' eligibility category. Since CarePlus contracts with the Agency for Health Care Administration (AHCA), the D-SNP plans we offer cover both full and partial eligibles.

Partial duals are categorized as:

Qualified Medicare Beneficiaries, or QMB,
Specified Low-income Medicare Beneficiaries, or SLMB,
Qualified Disabled Working Individuals, or QDWI, or
Qualified Individuals, or QI.


Partial duals do not receive wrap benefits and are not cost share protected by the plan, except for QMB.

Full duals are categorized as:

QMB with comprehensive Medicaid benefits, or QMB+,
SLMB with comprehensive Medicaid benefits, or SLMB+, or
Full Benefit Dual Eligible, or FBDE.

Full duals receive both Medicare and Medicaid benefits, including wrap benefits and are cost share protected.

2024 Benefit Plans – D-SNP (HMO)




SNP benefits offer coverage *beyond* standard MA plan benefits:

- Assistive care services
- Dental – medically necessary radiographs
- Home health
- Medicaid-covered drugs (non-Part D/excluded)
- Medicaid-covered over-the-counter (OTC)*
- Mental health targeted case management and community behavioral health (Carelton Behavioral Health)
- Nursing facility transitional days
- AIDS-related durable medical equipment (DME/incontinence supplies) and massage therapy
- Hospice room and board

Refer to the member's Evidence of Coverage for more details.
Member benefits are determined by the level of "Extra Help"/US.

INTERNAL USE ONLY



Florida Agency for Health Care Administration

D-SNPs must cover certain Medicaid benefits for full dual members (QMB+, SLMB+, FBDE) specified in our contract's scope of services.

We contract annually with AHCA, the Agency for Health Care Administration or Florida Medicaid, to offer additional services for our dual-eligible SNPs.

By looking at a side-by-side comparison of what we provide per our CMS contract and what we're required to provide per our Medicaid contract, only a few Medicaid services fall outside the scope of our Medicare-covered services. These outliers are what we call wrap benefits, which are listed here on this slide.

2024 Benefit Plans – D-SNP (HMO)



All maximum out of pockets are \$3,400



Refer to the member's plan benefit documents for more details

Most **CarePlus** D-SNP members enjoy these benefits:

- \$0 prescription copay benefit (VZRX01) for LIS recipients
- \$100 emergency ground ambulance*
- \$120 emergency copay*
- **CarePlus** Spending Account Card with CareEssentials allowance and flex allowance.
- Chronic condition care assistance up to \$1,000 per year
- Smoking Cessation Program (SMC004)
- Defined standard prescription drug plan for non-LIS†:
 - \$545 prescription deductible
 - \$5,030 prescription initial coverage limit
 - 25% coinsurance up to \$8,000 out of pocket
 - \$0 copay through the catastrophic stage
- Unlimited transportation (TRN027)
- Wellness and healthcare planning (WHP002/MyDirectives®)
- Wig benefit (WIG003)

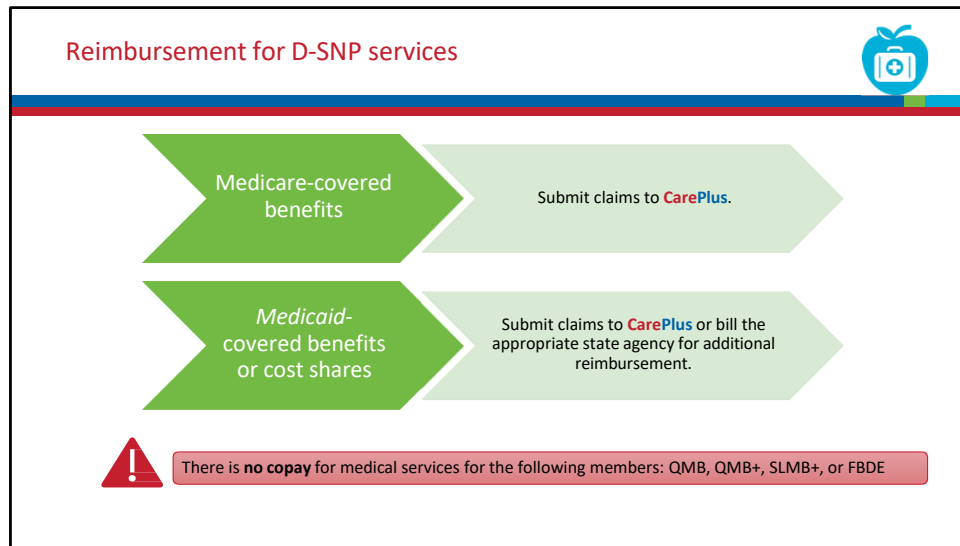
* Not applicable for cost-share-protected duals

† D-SNP members receiving Extra Help pay LIS cost share

20

CarePlus SNPs provide members with meaningful opportunities to improve their health.

All of our D-SNP members will enjoy the benefits listed here on this slide.



Services rendered to patients with CarePlus D-SNPs are reimbursed as follows:

Practitioners submit claims to CarePlus for Medicare-covered benefits

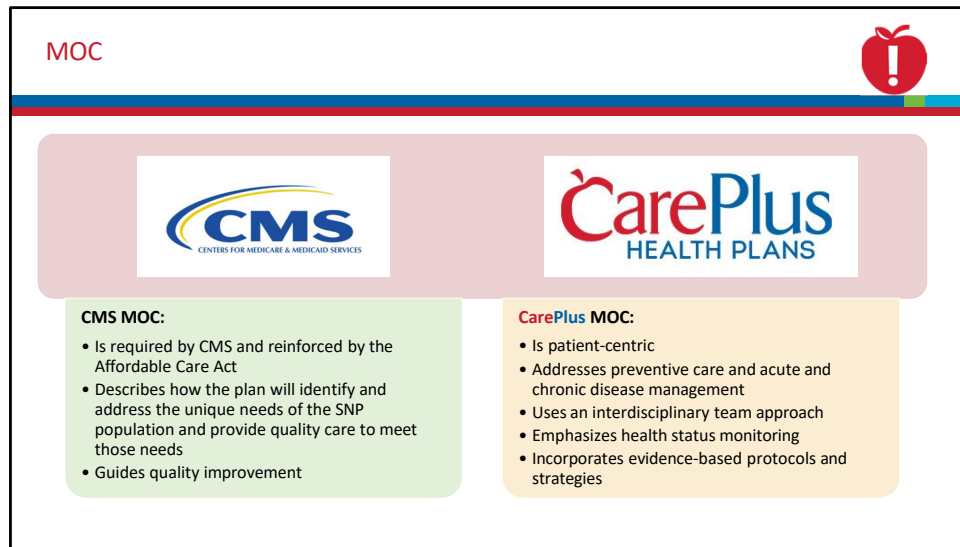
For Medicaid benefits or cost-share amounts, CarePlus coordinates reimbursement with the state.

Please bear in mind that patients with CarePlus D-SNPs who receive full Medicaid benefits (designated QMB PLUS, SLMB PLUS and FBDE) are not responsible for copays or coinsurance or any other type of reimbursement, including Part B drugs.

QMB members who do not receive Medicaid benefits also are cost share protected and not responsible for copays/coinsurance.



In this section we'll look at the components of CarePlus' SNP MOC. We will also review the services provided by CarePlus' Social Services Department. Lastly, we'll conclude the training with information about resources to supplement this training and assist your patients who have SNPs.

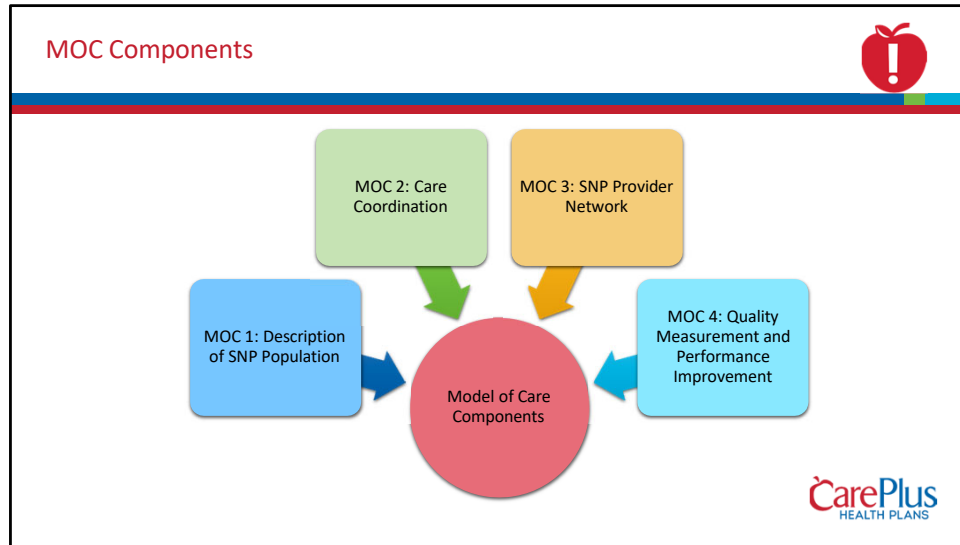


MA organizations are required by CMS to create and maintain a MOC for their SNPs.

The MOC is a tool that ensures that SNPs address member's unique needs. It also guides quality improvement efforts.

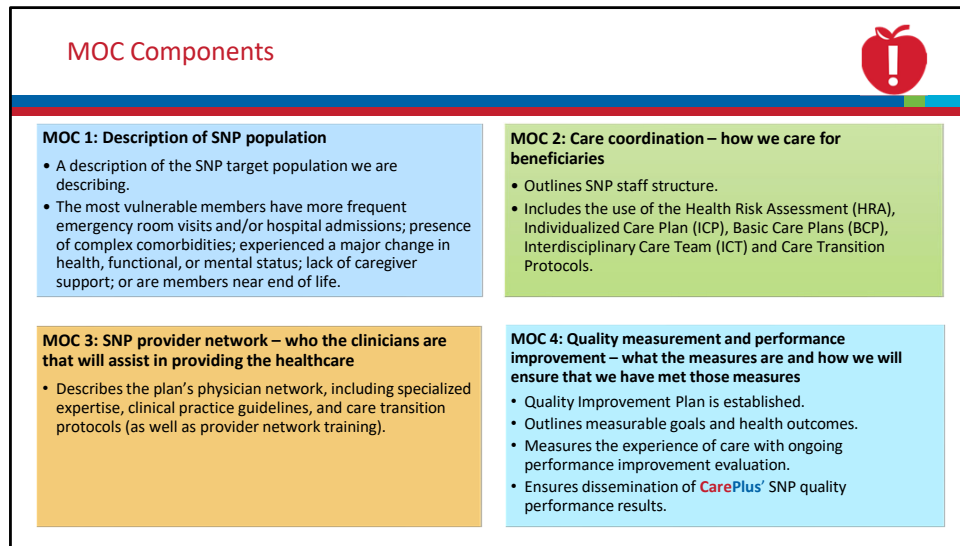
The Affordable Care Act has reinforced the MOC's importance as a fundamental component of SNP quality improvement. This act requires the National Committee for Quality Assurance to review and approve every MOC using CMS standards and scoring criteria.

CarePlus' MOC focuses on how care is delivered to our members by using an interdisciplinary approach that emphasizes health status monitoring and preventive care.



Let's talk about the Special Needs Plan Model of Care components.

The Centers for Medicare & Medicaid Services (or CMS) Model of Care requirements include 4 Model of Care Components.



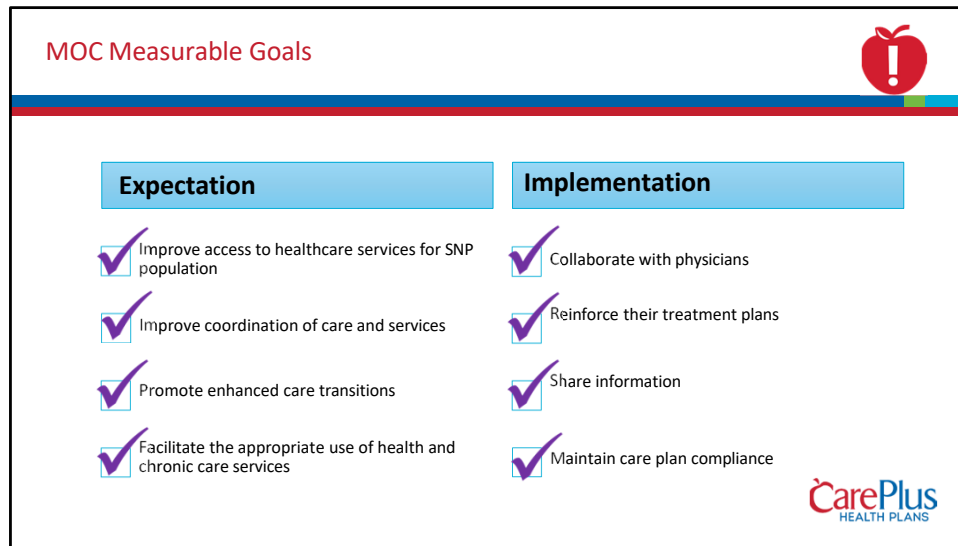
The Model of Care Components include :

MOC 1: A description of the SNP population (identifies the target population that we are serving)

MOC 2: Care coordination (addresses “how” we are caring for the beneficiaries and how the services will be rendered)

MOC 3: The provider network (addresses who the clinicians are that will assist in providing the healthcare)

MOC 4: Model of care quality measurement and performance improvement (addresses what the measures are and how we will monitor and ensure that we have met those measures)

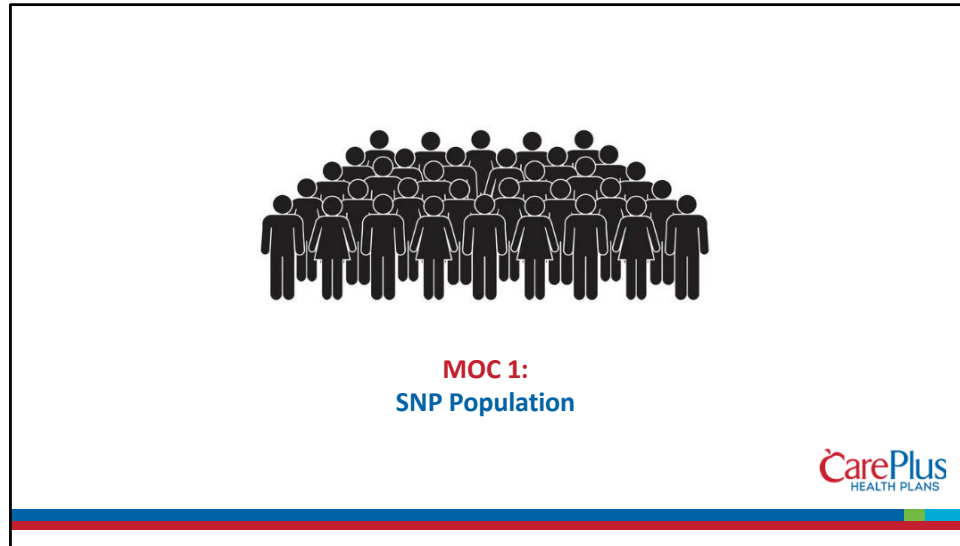


CarePlus' MOC has four measurable goals that address what we expect our SNPs to accomplish. Some include:

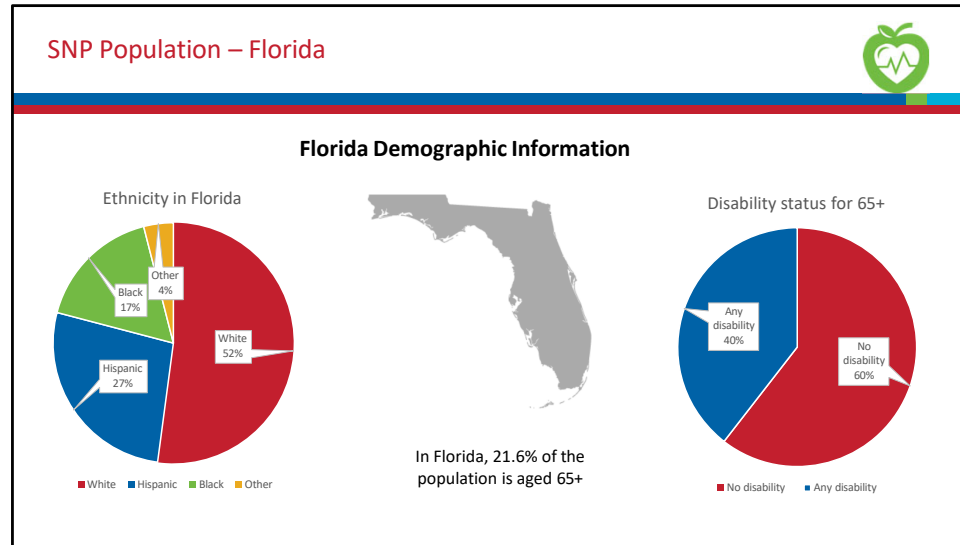
- Improving access to and affordability of healthcare services, and
- Promoting enhanced care transitions across all healthcare settings and among all medical professionals.

We achieve our MOC goals and promote the optimum health of CarePlus-covered patients by:

- Collaborating with physicians,
- Reinforcing their treatment plans,
- Keeping physicians informed of care transitions and changes we observe in their patients' health status, and
- Reinforcing the need for members to comply with their care plans, including medication regimen, diet, exercise, and therapy recommendations.



Let's take a look at the first of our MOC components: the SNP population.



Here is some basic demographic information for the state of Florida. This information helps us understand the cultural needs of our SNP population.

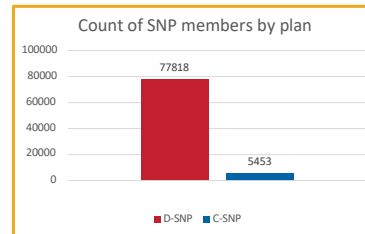
Based on the U.S. Census bureau date from July 2022, the Florida population consists of:

52.3% White
 27.1%, Hispanic
 17% Black
 4% Other

21.6% of the Florida population is above the age of 65, of which 40% have a disability.

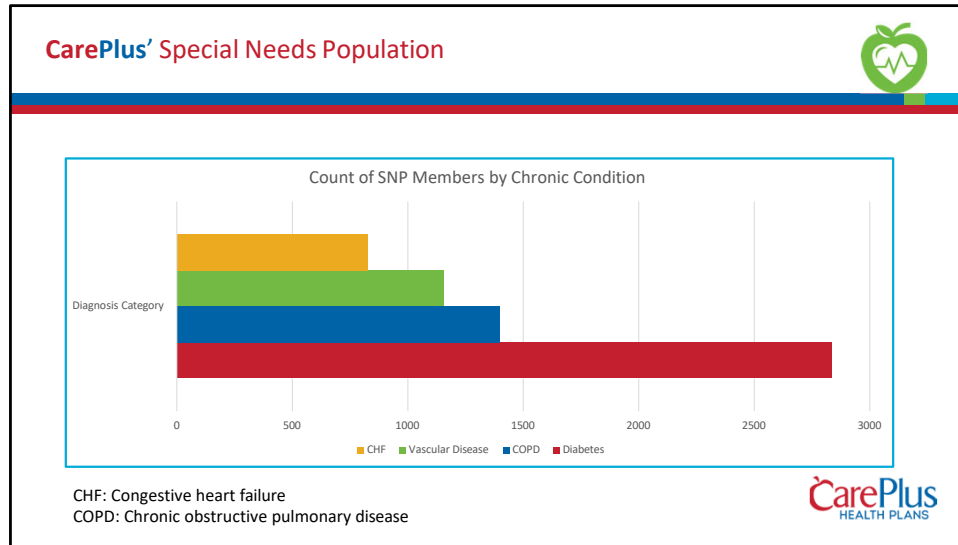
SNP Population - CarePlus

CarePlus currently has more than 83,000 members enrolled in a SNP.

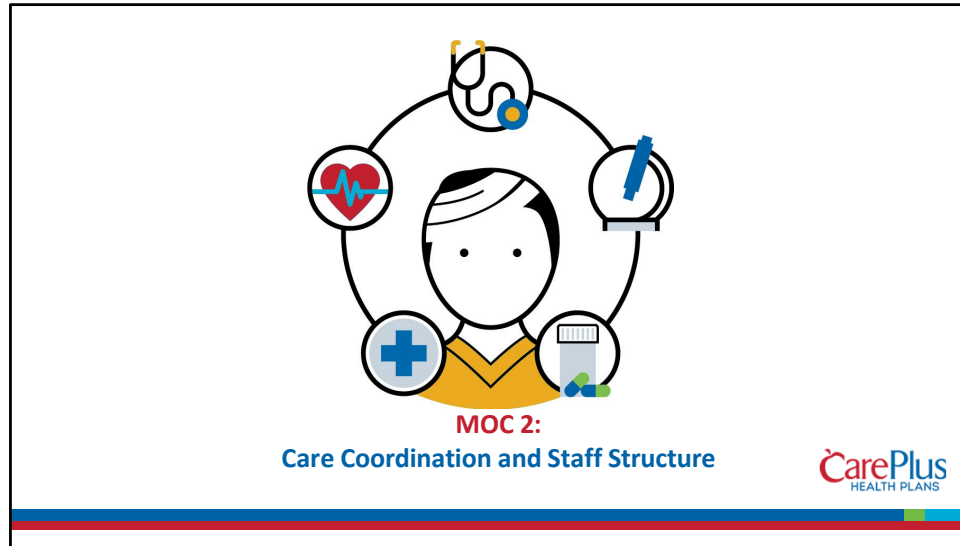


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As of September 2023, CarePlus has 83,271 members enrolled in an SNP plan. As you can see, the majority of those members are enrolled in a D-SNP.



This chart displays the breakdown of the most common chronic conditions of our SNP members. The majority of our population is diagnosed with diabetes, chronic obstructive pulmonary disease, cardiovascular disease, and congestive heart failure.



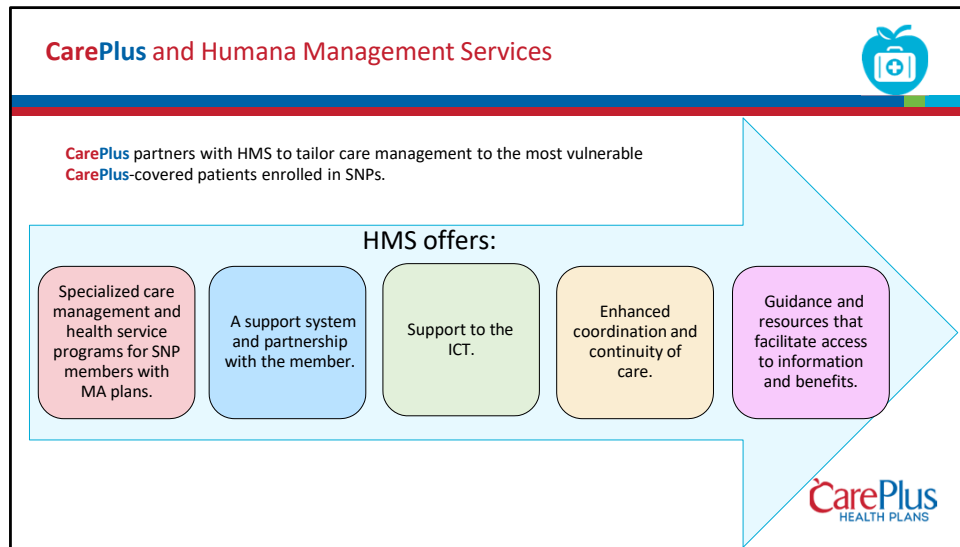
Let's take a look at the second of our MOC components: the care coordination and staff structure

Care Coordination and Staff Structure



| | |
|---------------------------------------|--|
| Humana Management Services (HMS) | Primary point of contact for SNP members |
| HRA Tool | Identifies members needs and barriers to care and confirms the right level of intervention |
| ICPs | Monitor members' progress toward goal achievement |
| The Interdisciplinary Care Team (ICT) | A variety of healthcare professionals who ensure care is comprehensive and complete for the SNP member |
| Care transitions | Closely managed to maintain continuity of care and avoid unnecessary readmissions |

Care coordination and staff structure involves HMS, the HRA Tool, ICPs, the ICT, and care transitions. We will go into each of these topics in the following slides.




HMS is the CarePlus partner that provides care management services to the most vulnerable SNP members. Areas of risk are identified through an approved health risk assessment.

HMS builds therapeutic, trusting partnerships with members, their significant others, and caregivers while promoting enhanced coordination and continuity of care.


Acute and chronic care management services are delivered to members by telephone. HMS care managers assume the roles of liaison, coach, and advocate. They work 1-on-1 with members and support the ICT's effort to deliver comprehensive, timely solutions that mitigate complications.


HMS' programs link healthcare and community-based social care services with the goal of improving health outcomes and enabling members to remain as healthy, safe, and independent as possible.

SNP HRA



- The HRA is a tool used to identify member risk levels including but not limited to health, functional, cognitive, or psychosocial/mental health.
- An HRA is a requirement for all members enrolled in a SNP and must be completed within 90 days of enrollment.
- Members must have a completed annual HRA within 365 calendar days of their previous HRA.
- Additional HRAs are required if the member has had a significant change in health condition.





34

The HRA is a requirement for all members enrolled in a SNP and is also a CMS STAR measure.

CMS requires that plans conduct initial and annual health risk assessments, or HRAs, for all SNP members. For CarePlus-covered SNP members identified as clinically at risk, primary care physicians receive HRA reports for review and input. Critical events, such as a hospitalization or other significant changes in health status, trigger a new HRA.


Using a CMS-approved HRA, an HMS care manager seeks to identify any unknown medical, functional, cognitive, environmental, social, financial, and/or psychosocial issues and needs that the SNP member may have.


Plan members must receive an assessment:

- Within 90 days of enrollment,
- Whenever they experience a significant change in health status,
- When their benefits change, and
- Annually.

The member's HRA responses help the care manager develop the individualized care plan; determine the member's appropriate level of intervention, - either low, medium, high or severe; and make appropriate referrals.


Ultimately, the HRA serves as a tool to help guide treatment, with care managers making every effort to provide members with the right care management services at the right time to best meet the members' needs.

SNP ICP




- Individualized
- Measurable
- Prioritized

- SNPs require an ICP, which outlines goals for the member needs.
- The ICP is developed by the care manager in collaboration with the member.
- The ICP requires the primary care physician's (PCP) active participation through contribution of relevant clinical information and goals.
- The ICP is updated after each member contact, after transitions or changes in health status, and annually.

35


The ICP must be initiated or updated following the administration of any HRA or significant changes in the member's needs.

Timing on the ICP initiation and updating should follow the MOC implementer policy guidelines.


ICPs address:

Member preferences,
 Barriers to self-management and access to care,
 Short-term and long-term goals,
 Interventions,
 Referrals,
 Educational opportunities,
 Medication and safety reviews,
 Preventive care, and
 Other services, as required.


Care plan records are available to all stakeholders, with confidentiality maintained in accordance with HIPAA and state requirements. The frequency of meetings is established in a document called the Level of Intervention Outreach Protocol. Meetings may be required weekly, monthly, quarterly, or occur as needed. The member's HRA drives the care plan, and the PCP's active participation is imperative.


Goals must be individualized, measurable and prioritized based on the member's identified needs and preferences. When setting the goals, identification of barriers to meeting goals and target date for completion should be documented.

BCP



- The BCP is an alternative to an ICP. Care managers work with members to help them meet their health and well-being goals.
- Members are asked to commit to their goals by taking the BCP to their next physician visit.
- A PCP or specialist reviews and discusses recommendations with the member and faxes the completed document to **CarePlus** at 1-866-232-0979.
- Some items outlined in the plan include medication adherence, healthy behaviors, regular health checks, health screenings, and preventive services.





36

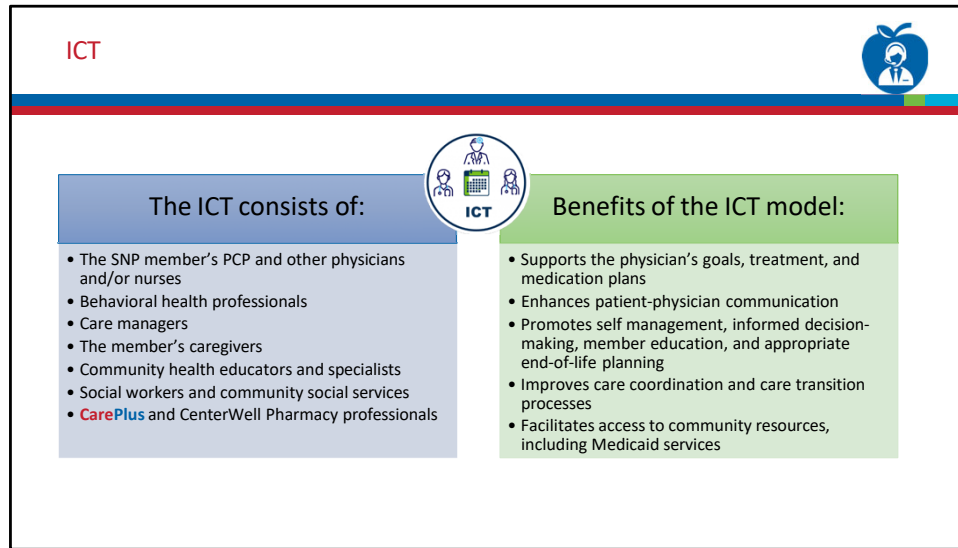
Basic Care Plan development is required to be completed in collaboration with PCPs for SNP members who are unable to be reached, refuse active care management or request not to be called/visited. The care manager develops a basic care plan and mails it to the member.

The member is asked to provide input and commit to the plan. The member also is asked to take the document to his or her next PCP visit and review it with the PCP, who adds recommendations.

Basic Care Plans are tailored to the member's SNP type and/or additional information available.

Basic care plan goals are measurable and achievable; they are formulated to engage the member with his or her PCP and care manager and move the member toward optimum health. The member is asked to commit to healthy behaviors, including medication adherence, regular health checks, preventive services, advance care planning, and communicating with the PCP about any symptoms they are experiencing,.

If at any point in time the SNP member engages in active care management, an ICP is created between the Care Manager and the member and/or his/her proxy and is accessible by the member's Provider for collaboration and input of relevant clinical information.



The MOC requires that care managers incorporate the input and interventions of an interdisciplinary care team, or ICT, comprising a variety of healthcare professionals.

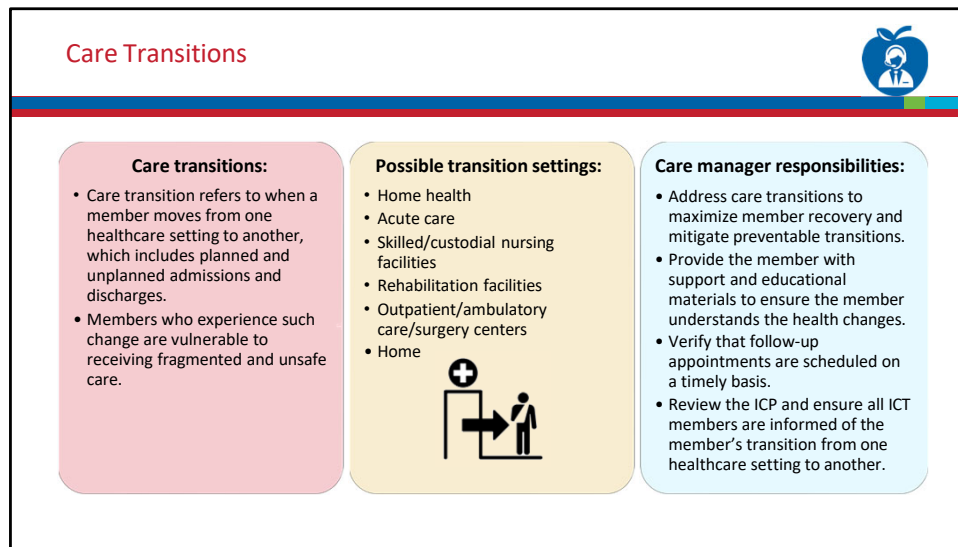
It is a team of associates from different disciplines who work together to manage the member's Individualized Care Plan.

The ICT meets on an ad hoc basis, but it must meet at least annually to review progress and identify additional interventions.

The ICT harnesses the power of collaboration among dedicated medical professionals. It supports the physician's goals for the member, with contributions from the CarePlus team of nurses, social workers, pharmacy specialists and behavioral-health specialists,

- Reinforces the physician's treatment and medication plans,
 - Enhances direct patient-physician communication,
 - Promotes member self-management and informed decision-making about healthcare,
 - Provides comprehensive member education and appropriate end-of-life planning,
 - Ensures more effective care coordination and care transitions, and
 - Gives the member access to additional community resources and services.
-
- The ICT must include at minimum the member and/or caregiver, the member's care manager, and the member's PCP.

Note: Any recommendations made by the ICT must be incorporated and properly documented in the ICP.



CMS defines a care transition, as a member moves from one health care setting to another. This includes planned and unplanned admissions and discharges.

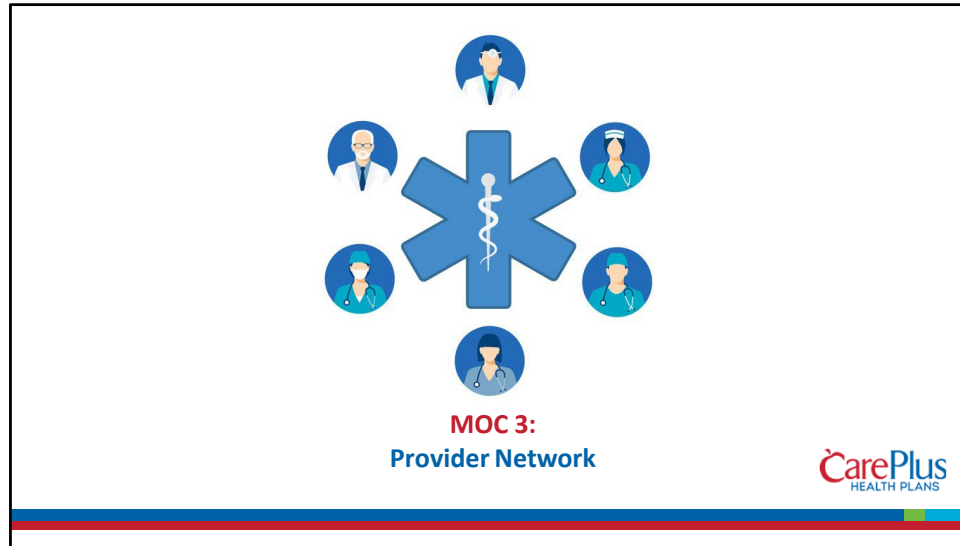
Members who experience such change are vulnerable to receiving fragmented and unsafe care.

Care transition settings may include:

- Home
- Home health
- Acute care
- Skilled/custodial nursing facilities
- Rehabilitation facilities, and
- Outpatient/ambulatory care/surgery centers.

The Care Manager is responsible to share elements of the member's ICP with the new health care setting or provider. During the transition, the Care Manager:

- Provides the member with educational materials and ensures the member understands his or her health changes
- Verifies that physician follow-up appointments are made, or assists the member in scheduling a timely follow-up appointment
- Ensures the member understands the post-discharge plan
- Provides member and caregiver support/training
- Reviews the Individualized Care Plan
- Ensures all applicable ICT members are informed of the member's needs before, during, and post transition from one care setting to another, including the receiving facility.



Component three of CarePlus' MOC addresses the SNP provider network.

The Provider Network



CarePlus' SNP provider network has specialized expertise to support PCPs.

Current clinical-practice guidelines are observed.

Network providers must complete annual SNP MOC training.



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In accordance with MOC 3, CarePlus offers a comprehensive network of PCPs, in addition to medical and surgical specialists and facilities available to support PCPs and meet the needs of the targeted populations.

Per CMS guidelines, providers must use current clinical practice guidelines. Compliance is monitored by medical record documentation reviews and quality-of-care reviews.

CarePlus' network providers and their staff are required by CMS to complete annual MOC training. Training also is available for out-of-network providers who care for CarePlus-covered patients on a routine basis.

Physician's Role



Physician involvement is an integral part of SNP ICTs. Physicians are required to:



- ➔ Receive pertinent HRA reports for review and input.
- ➔ Collaborate in the development of the ICP.
- ➔ Participate in ICT care conferences and communicate actively to foster care coordination.
- ➔ Act as an ICT participant to manage the member's ICP through exchange of communication.

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41

Physician involvement is very important when it comes to SNP members care:

PCPs:

- Receive pertinent HRA reports for review and input
- Collaborate in the development of the ICP
- Participate in ICT care conferences and communicate actively to foster care coordination
- Act as an ICT participant to manage the member's ICP through exchange of communication

Physician's Role



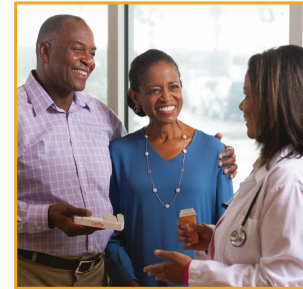
Physicians are also required to:

Ensure Healthcare Effectiveness Data and Information Set (HEDIS®) and National Committee for Quality Assurance (NCQA) quality measures are addressed.

Receive basic care plans for members who are unable to be reached or refuse active care management to collaborate and share information with the care manager related to the member.

Encourage SNP members to participate in care management.

Complete annual SNP MOC training.



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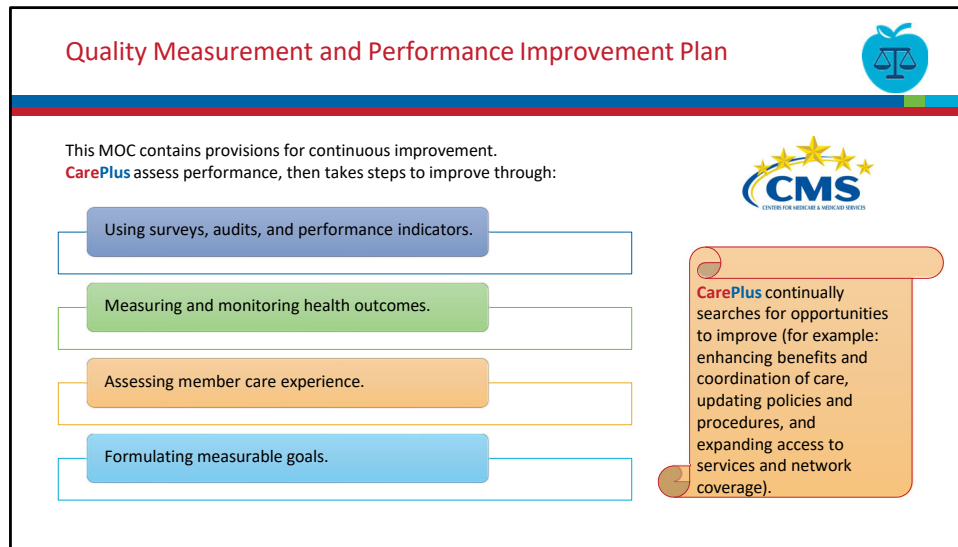
42

Physicians are also required to:

- Ensure Healthcare Effectiveness Data and Information Set (HEDIS®) and National Committee for Quality Assurance (NCQA) quality measures are addressed
- Receive basic care plans for members who are unable to be reached or refuse active care management to collaborate and share information with the Care Manager related to the member
- Encourage SNP members to participate in Care Management
- Complete annual SNP MOC training



The last MOC component is all about quality and improving our SNPs.



The MOC contains provisions for continuous improvement. We assess how we're doing, then we take steps to improve.

Opportunities for improvement are identified from surveys, audits and monitoring of performance indicators including member satisfaction, health outcomes, and access to and availability of services.

Areas targeted for improvement include the following:


- Optimizing benefits and policies
- Increasing services
- Facilitating access to medical, behavioral, social, and preventive services
- Adjusting physician and provider network coverage
- Streamlining processes
- Enhancing coordination of care
- Maximizing health outcomes
- Implementing system updates

The goal of the program is to improve member health outcomes.



CarePlus' Social Services Department supports your patients who have CarePlus SNPs.

Social Services Assist Members




The Dual Eligibility Outreach Program assists prospective and current members and the community with applying for public assistance through a variety of state and federal programs. This assistance and guidance is offered at no cost.

Social services coordinators are here to:

- Educate and conduct initial screenings to determine potential eligibility for state/federal assistance programs, such as:

| | |
|---|---|
| ✓ LifeLine program (wireless/landline phone discount) | ✓ Community partner with Department of Children and Families (DCF) |
| ✓ SSI referrals | ✓ CarePlus DCF/ACCESS Application processing center |
| ✓ Extra Help with Medicare (prescription drug plan costs) | ✓ Comprehensive Assessment and Review for Long-Term Care Services (CARES) referrals |

- Assist members throughout the renewal eligibility process.
- Help members with reported changes.
- For assistance, members can call: **1-855-392-3900**



CarePlus' Social Services Department is dedicated to helping all interested and potentially eligible CarePlus-covered patients, including dual-eligible individuals, understand and apply for state and federal assistance programs.

An initial screening determines a person's potential eligibility for benefits. Available federal benefits may include:

The Lifeline program, which offers a free cell phone or a discount on a landline to those with SNP eligibility, Supplemental Security Income, or SSI, and Help with Medicare prescription drug plan costs.


Please note that Lifeline is a value-added item and service promoted to the member after enrollment.

The department also has an in-house application processing center staffed by associates who assist all interested and potentially eligible individuals.



FLORIDA DEPARTMENT OF
CHILDREN AND FAMILIES
MYFLFAMILIES.COM

A **DCF/CarePlus** assisted-service site partnership



ACCESS Florida is the state's economic self-sufficiency program:

Automated
Community
Connection to
Economic
Self
Sufficiency





ACCESS enables users to apply, report any changes, or complete an updated review for public assistance benefits, such as:

- Medicaid*
- Food stamps (SNAP)*
- Temporary cash assistance*
- Long Term Care Community Diversion Program Referral*

ACCESS:

Go to: www.myflfamilies.com/services/public-assistance
Call 1-866-76-ACCESS (1-866-762-2237)

*The DCF is the state agency designated to determine eligibility for these services/benefits.

CarePlus proudly serves the community as a partner with the Florida Department of Children and Families' ACCESS Florida.

ACCESS Florida is a website that enables users to connect to programs and benefits that foster economic self-sufficiency.

Site users can apply, report any changes, or complete an updated review for public assistance benefits, such as:

- Medicaid,
- Food stamps (SNAP),
- Temporary cash assistance, and
- Long Term Care Community Diversion Program Referral

ACCESS is run by DCF's Economic Self-sufficiency Division, as part of the department's mission to protect the vulnerable, promote strong and economically self-sufficient families, and advance personal and family recovery and resiliency.

DCF is the state agency designated to determine eligibility for benefits and services.

Medicaid Medically Needy Program



The Social Services Department also will help members apply for the Medicaid Medically Needy Program, also referred to as the "Share of Cost" program.

The DCF determines eligibility for the Medically Needy Program. Medically needy individuals will need to spend a certain amount, depending on their income, before they can be eligible for Medicaid. After that initial amount is spent, the Medicaid program pays the cost of services that exceeds the amount the individual had to initially spend to become eligible.



48


The Social Services Department also will help members apply for the Medicaid Medically Needy Program. This program is designed to assist low-income members whose household incomes are too high to qualify for Medicaid benefits. This program helps pay for medical services covered by Medicaid, but it does not pay health coverage in its entirety.

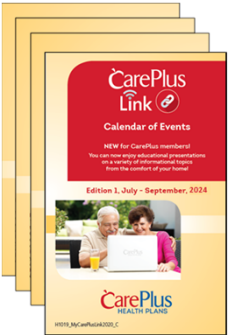
Recipients must pay a portion of their medical expenses before receiving benefits. Once they reach the limit of the amount they must pay, Medicaid steps in and pays the rest of their expenses.



CarePlus Link is a member-centered educational initiative that provides assistance and education to all of your CarePlus-covered patients.


Social Services – The CarePlus Link






Program information available to members, such as topics being offered, schedules, and how to access the presentations, is included in the **CarePlus Link Booklet**

Program Information, including the most up-to-date booklet information, can be obtained by visiting the **CarePlus** website or by calling Member Services in order to have a copy sent by mail.




Members can connect from their electronic devices (iPad, iPhone, computer, etc.) to see and hear their chosen presentation



Members can connect by phone to listen to an audio presentation

Members can access it here: CarePlusHealthPlans.com/Members/Link



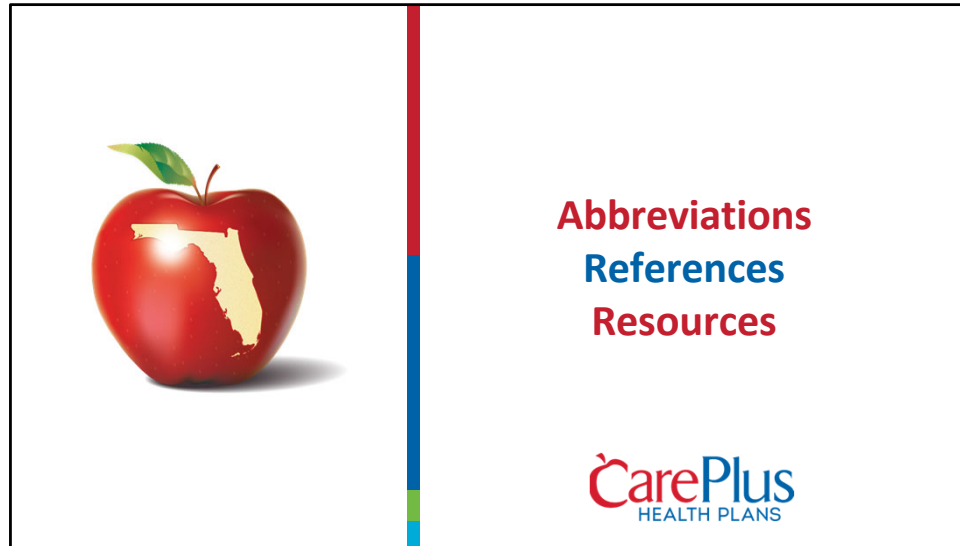
51

The CarePlus Link Calendar of Events booklet provides information about topics that will be covered and the dates and times to connect.

Members can use their electronic devices to log into sessions, or they can simply call in to listen.

To send in chat:

Members can access it here: CarePlusHealthPlans.com/Members/Link



The following slides contain a glossary of terms used in this presentation, a list of the references consulted, and a compilation of resources that you may consult for more information about our SNPs.

Identifying SNP Members



C-SNP ID

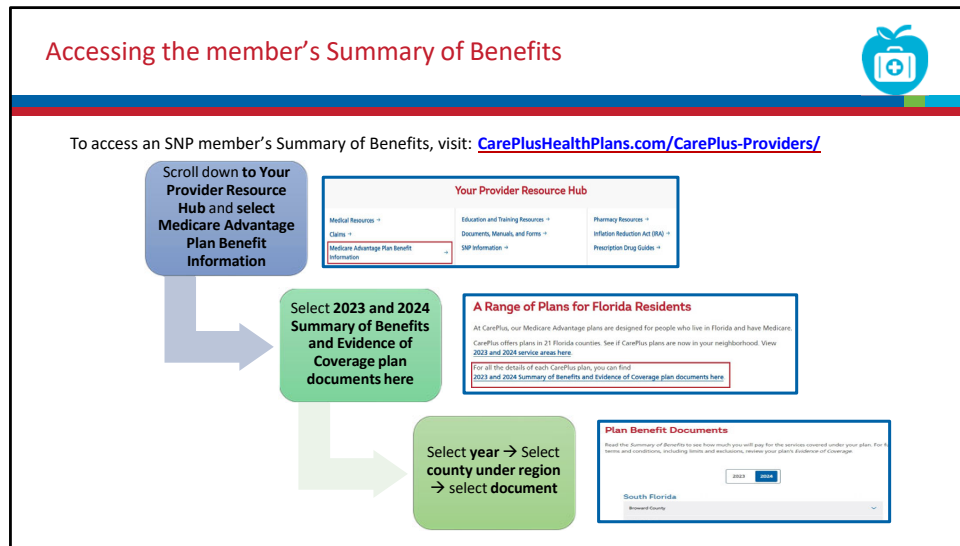
| | | | |
|---|--|---|--|
| CarePlus <small>HEALTH PLANS</small> | | CareComplete (HMO C-SNP) | |
| JOHN SAMPLE Member ID: 123456701 Health Plan: (80840) ID#13 95092 RxBin: 015581 RxPCN: 03200008 | | PCP: Robert Smith PCP Telephone: 1-234-567-8900 Card Issued: 01/01/2024 Cost-share protected: N | |
| Copayments: PCP Office Visit: \$0.00 Specialist: \$0.00 Hospital Emergency: \$0.00 | | CMS H1019 001 000 | |
| | | Member Services: 1-800-794-5907 TTY: 711 My CarePlus Connect: 1-866-667-6483 Provider Services: Eligibility: 1-866-220-5448 Claims Issues: 1-800-865-4034 Authorizations: 1-800-201-4305 Authorizations: 1-866-315-7587 Claim Status: 1-866-315-7587 CarePlus Claims: P.O. BOX 14697 LEXINGTON, KY 40512 | |
| | | Please visit us at: CarePlusHealthPlans.com | |



D-SNP ID

| | | | |
|---|--|---|--|
| CarePlus <small>HEALTH PLANS</small> | | CareNeeds Platinum (HMO D-SNP) | |
| JOHN SAMPLE Member ID: 123456701 Health Plan: (80840) ID#13 95092 RxBin: 015581 RxPCN: 03200008 | | PCP: Robert Smith PCP Telephone: 1-234-567-8900 Card Issued: 01/01/2024 Cost-share protected: Y | |
| Copayments: PCP Office Visit: \$0.00 Specialist: \$0.00 Hospital Emergency: \$0.00 | | CMS H1019 001 000 | |
| | | Member Services: 1-800-794-5907 TTY: 711 My CarePlus Connect: 1-866-667-6483 Provider Services: Eligibility: 1-866-220-5448 Claims Issues: 1-800-865-4034 Authorizations: 1-800-201-4305 Authorizations: 1-866-315-7587 Claim Status: 1-866-315-7587 CarePlus Claims: P.O. BOX 14697 LEXINGTON, KY 40512 | |
| | | Please visit us at: CarePlusHealthPlans.com | |

These are sample ID cards for SNP members. From these cards, you can identify the member's plan, cost-share-protected status and PCP.



Providers may access the details of a member's SNP benefits from the CarePlus website.

Visit : CarePlusHealthPlans.com/CarePlus-Providers/

Scroll down to Your Provider Resource Hub and select Medicare Advantage Plan Benefit Information
Select 2024 Summary of Benefits and Evidence of Coverage plan documents here
Then select county under region, then you can select the document you wish to view.

Abbreviations



| Abbreviation | Word |
|--------------------------------|---|
| ACCESS | Automated Community Connection to Economic Self Sufficiency |
| BCP | Basic Care Plan |
| CARES | Comprehensive Assessment and Review for Long-Term Care Services |
| CMS | Centers for Medicare & Medicaid Services |
| C-SNP | Chronic Condition Special Needs Plan |
| D-SNP | Dual-Eligible Special Needs Plan |
| Dual-eligible (Full Duals): | FBDE Full Benefit Dual Eligible; QMB+ Qualified Medicare Beneficiary with Comprehensive Medicaid Benefits SLMB+ Specified Low-Income Medicare Beneficiary with Comprehensive Medicaid Benefits; |
| Dual-eligible (Partial Duals): | QDWI Qualified Disabled Working Individual; QI Qualified Individual; QMB Qualified Medicare Beneficiary; SLMB Specified Low-Income Medicare |
| HCP | Healthcare provider |
| HEDIS® | Healthcare Effectiveness Data and Information Set |
| HIPAA | Health Insurance Portability and Accountability Act of 1996 |
| HMO | Health Maintenance Organization |

These are the acronyms used during this presentation.

Abbreviations



| Abbreviation | Word |
|--------------|--|
| HMS | Humana Management Services (care partners who case manage the SNP members) |
| HRA | Health Risk Assessment |
| ICP | Individualized Care Plan |
| ICT | Interdisciplinary Care Team |
| LIS | Low-Income Subsidy (Extra Help) |
| LOI | Level of Intervention |
| MA | Medicare Advantage |
| MIPAA | Medicare Improvement for Patients and Providers Act |
| MOC | Model of Care |
| MSB | Mandatory Supplemental Benefits |
| NCQA | National Committee for Quality Assurance |
| PCP | Primary Care Physician |
| SNP | Special Needs Plan |

These are the acronyms used during this presentation.

References and Resources



| References and Resources | Website |
|---|---|
| CarePlus Health Plans Special Needs Plan Model of Care 2023 | N/A |
| 2024 Benefits Training Manual for CarePlus Associates | N/A |
| Florida Agency for Health Care Administration (AHCA) | www.ahca.myflorida.com |
| Florida Medicaid Web Portal | http://portal.flmmis.com/FLPublic/Provider_ProviderSupport/Provider_ProviderSupport%20ProviderHandbooks/tabId/42/Default.aspx |
| Florida Department of Children and Families Services | https://www.myflfamilies.com/services/public-assistance |
| The Centers for Medicare & Medicaid Services | https://www.cms.gov/ |
| CMS Medicare Managed Care Manual | https://www.cms.gov/training-education/medicare-learning-network/resources-training |

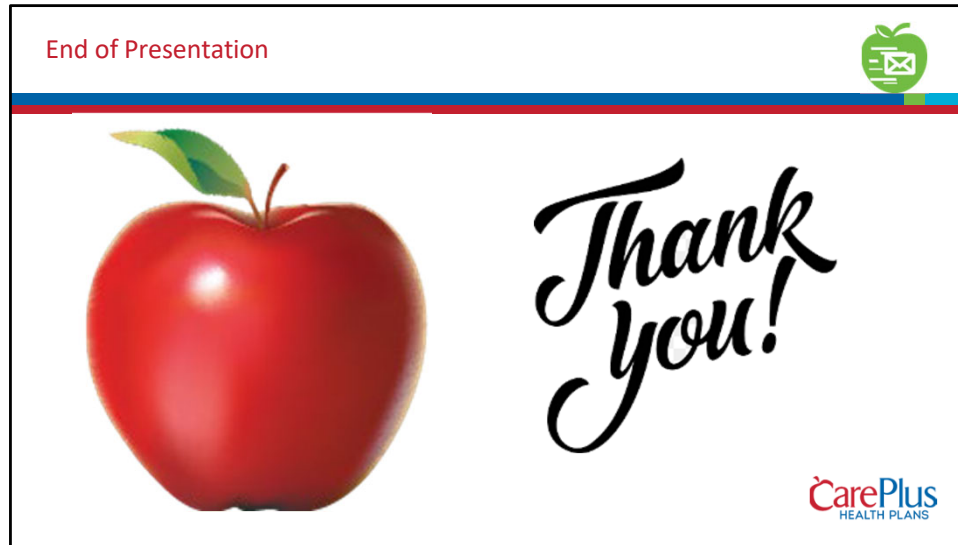
This slide and the next offer resources you can access for further information about CarePlus' SNPs and model of care.

References and Resources



| References and Resources | Website |
|--|--|
| Medicaid | www.medicaid.gov |
| Office of the Assistant Secretary for Planning and Evaluation | https://aspe.hhs.gov/ |
| Florida Health Charts | www.flhealthcharts.gov |
| Kaiser Family Foundation | www.kff.org |
| CarePlus provider information – Email: CPHP_SNPINFO@CAREPLUS-HP.COM | www.CarePlusHealthPlans.com/CarePlus-Providers/SNP |
| | www.CarePlusHealthPlans.com/CarePlus-Providers |
| Additional Resources | |
| Florida Medicaid program information: 1-888-419-3456 | |
| CarePlus Member Services for members: 1-800-794-5907 (TTY:711) | |
| CarePlus Care Management Team: 1-800-734-9592 (TTY:711) | |
| CarePlus provider operations helpline: 1-866-220-5448, Monday – Friday, 8 a.m. to 5 p.m., Eastern Time | |

Shown here are references cited on preceding slides.



CarePlus SNPs are designed to improve care for members with complex needs by improving continuity of care and coordination among healthcare professionals and caregivers.

Thank you for completing this training module and for being an important part of our SNPs. We appreciate the high-quality care you give to our special-needs members.